Vol. 63, No. 2 Tyndall Air Force Base, Fla. Gulf Defender Jan. 16, 2004

In brief



Martin Luther King Jr. addresses the huge gathering at the March on Washington for Jobs and Freedom in 1963.

Martin Luther King Jr. remembrance Service

His dream of freedom changed America forever.

His relentless efforts united a divided nation.

Join us in honoring the life, the work and the legacy of Doctor King.

A service of remembrance will be held today at 3 p.m. at Chapel two.

Finance closing early Friday

The 325th Comptroller Squadron is closing for an official function 3 p.m. Friday. In case of emergency, contact Senior Master Sgt. Raymond Graber at 624-9466.

Awards luncheon

The 4th Quarter Quarterly Awards Luncheon date has been delayed one day to Jan. 30 at 11 a.m.



- Captain saves life by donating ... **Page 4**
- Ricky Rudd visits Tyndall ... Page 8
- NCO shares story from the front ... Page 15



Tech Sgt. Dan Neely

NASCAR event races to Tyndall

The Headquarters Air Education and Training Command team performs a pit stop on the Wood Brothers' No. 21 Motorcraft Racing/U.S. Air Force Ford Taurus during a NASCAR pit stop challenge Monday on the Tyndall tarmac. See the story and photos from the event, including the visit by NASCAR veteran stock car driver Ricky Rudd, see Pages 8-9

Air Force committing 2,000 airmen to war

STAFF SGT. TODD LOPEZ

Air Force Print Nev

WASHINGTON — Airmen vulnerable to deploy as part of the Silver Air and Space Expeditionary Force, but not originally asked to go, could end up going after all.

In a message sent to the major commands in late December, Air Force Chief of Staff Gen. John P. Jumper said continuing efforts in the war on terrorism have created a need for additional support in some areas. The Air Force, he said, would be providing some of the support to fill that need.

"Ongoing warfighter requirements compel the Air Force to continue surge operations in some functional areas ... to ensure na-

tional military objectives are met," General Jumper said. "The secretary of defense has tasked us to find innovative solutions to this national challenge. Major commands and wings are encouraged to dig deep into their resources and develop risk mitigation plans to make these forces available."

One of the possible solutions involves the use of "joint-sourcing" to fill needed positions. That means all the services will work together to meet the requirements. The effort will touch many across the Air Force, said Col. Michael Scott, chief of War Plans Organization.

"This of course affects the entire Air Force to a certain degree, but more so in the agile combat support arena," Colonel Scott said. "By that I mean our engineers, firefighters, air traffic control, security forces, medical, communications and transportation folks."

Nearly 2,000 airmen in those support areas will be called upon to help the Air Force meet the joint-sourcing challenge, the colonel said.

Most of the 2,000 airmen will come out of already scheduled AEFs and should already know they are in or approaching their deployment eligibility window, said Col. Buck Jones, deputy director for air and space expeditionary force matters.

"Once you get down to the individual level, they may not know they are going to fill one of these requirements, but they do know they are

part of the Silver AEF and are still susceptible. They may also come from AEF 7/8 or AEF 9/10," Colonel Jones said.

Many troops could expect to be deployed for about 90 days, but some, in stressed fields, could expect a 179-day rotation, Colonel Jones said.

Despite the continued surge in operations, Colonel Jones said most of the Air Force could expect a return to the AEF battle rhythm by March.

"We still will deploy AEF 7/8 very close to on schedule," Colonel Jones said. "The vast majority of the Air Force is returning to the AEF battle rhythm starting with AEF 7/8 in

•SEE DEPLOY PAGE 5

Page 2 Gulf Defender Commentary Jan. 16, 2004

Commanders' Conference, reverse pit stop Team Tyndall highlights

BRIG. GEN. LARRY NEW

325th Fighter Wing commander



I want to start this week by recognizing several folks and thanking them for the work they do day in and day out. Each year I have

the privilege and the pleasure of awarding stripes to a few of the wing's airmen through the Stripes for Exceptional Performers program. This year, Tech. Sgt. Matthew Dahlin, a 325th Aircraft Maintenance Squadron aircraft electrical and environmental systems craftsman, Tech. Sgt. Gina Watson, the 325th Medical Operations Squadron non-commissioned officer in charge of the ADAPT program, and Master Sgt. John Mangelsdorf, the 325th Medical Support Squadron NCOIC of medical material, were the 325th Fighter Wing's STEP promotees. Congratulations on a job well-done, and thank you for all you do for Team Tyndall.

While I'm on the topic of recognizing folks, I want to thank Lt. Col. Cynthia Jeffries, the wing's AETC commander's conference project officer, and her team of dedicated professionals who made the conference a resounding success. I know a lot of planning



"General Cook and the rest of the commanders were impressed with the level of dedication diplayed throughout the conference."

BRIG. GEN. LARRY NEW 325th Fighter Wing commander

went into the week's activities. General Cook and the rest of the commanders were impressed with the level of dedication displayed throughout the conference, and left with a very positive impression of the professionalism and skill of Team Tyndall. The rest of Team Tyndall was also recognized for their personal and facility appearance and decorum around the base.

I also want to thank Major Ron McAfee and his team who participated in and supported the 'Reverse Pit Stop,' which occurred Monday. Making the event come together was challenging, but it was a total team effort from getting the F-15 and F/A-22 static displays in place to providing assistance to everyone involved in getting Ricky Rudd airborne so he could better understand our mis-

sion demands.

The nine Team Tyndall honorary pit crews did a magnificent job and I want to thank you for maintaining a safety mindset during the activities. Whenever speed is combined with moving equipment, risk management becomes a top priority, and I'm happy to report the event was incident-free.

While the pit crew I was assigned to didn't fare as well as some of the others, overall, the event was a lot of fun. The rest of the AETC commanders visiting this week share my sentiments. Ultimately, the pit crew consisting of 1st Aircraft Maintenance Unit members Tech. Sgt. Harold Coates, SSgt. Dallas Fur, Staff Sgt. Thomas Mraz, Senior Airman Joseph Taylor, Senior Airman Jeffrey Wharton and Staff Sgt. William Falk,

dominated the competition and were named "top pit crew."

In the coming weeks, Team Tyndall will have the honor of hosting visits by Gen. Hal Hornburg, Air Combat Command commander, and Air Force Secretary James Roche. I am certain that when they see the men and women of Team Tyndall in action, they too will be impressed. It will be a busy year. In addition to training the world's premiere air dominance team, we'll host another Gulf Coast Salute in the spring, see the return of William Tell in the fall, and have numerous other opportunities to shine.

Finally, we have a long weekend ahead. I want to remind folks to keep safety in mind. If your plans involve alcohol have a going in game plan and use a wingman. Don't forget the many programs available to get home safely, such as designating a driver, calling a cab, or calling Airmen Against Drunk Driving at 867-2233. Likewise, if your plans include travel, be sure to get plenty of rest and keep an eye on the weather forecast. There will be many fun and exciting opportunities throughout the year and our mission depends on keeping all our most valued assets, YOU, available. Have a great weekend and I'll see you next week.

Team Tyndall honor guard makes lasting impression

TECH. SGT. DAN NEELY

325th Fighter Wing public affairs

Regrettably, it had been a couple of years since I last attended anyone's retirement ceremony, but this one really got my attention. Why?

In two words: honor guard.

There I was on a sunny Florida afternoon, occupying a front-row seat, absorbing all things ceremonial, when this very poised and polished group of Tyndall Air Force Base Honor Guard members did their assigned duty. What grabbed me most was the incredible precision of their flag folding ceremony.

In case you haven't had the opportunity to see this performed in a while, this is how it works.

The flag, folded like a triangular cocked hat, is carefully unfolded, then fully and brilliantly displayed with a crisp snap. (This part hit me with an instant case

of goose bumps.) Then it is folded, but with the flag detail briefly pausing between individual folds as a narrator details the symbolism of each.

Finally, the lead flag detail member presents the flag to the retiring member, capped off by a dramatically slow salute. (More goose bumps.) It's something no one should miss.

During this particular performance, every facing movement was performed so precisely I wanted to interrupt the ceremony by jumping up and congratulating every honor guard member – high fives all around.

But I convinced myself that would be a bad thing. So I had to just sit there and restrain myself.

Probably key to my peaked appreciation of this honor guard team, and all others across the Air Force, is a simple case of envy.

After all, back in my basic training days I was one of those drill-challenged people who often suffered from left-right confusion.

So that pretty much takes me out of the running long before I even considered any honor guard tryout sessions. But if I thought for a minute I could cut it, and look that impressive doing it, I would definitely give it a shot.

I feel these men and women of the honor guard perform a tremendous service and bring a stirring and highly dignified presence to every event they attend.

They are true Air Force ambassadors, representing our service with professionalism and skill at various public venues, funerals, sporting events, concerts and other ceremonies. They symbolize all that is great in our service and make me proud I crossed into the blue.

Gulf Defender Editorial Staff

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or patro

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or emailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

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Roche unveils Air Force hero memorial

MASTER SGT.

SCOTT ELLIOTT

Air Force Print News

WASHINGTON —

The secretary of the Air Force unveiled a memorial at Arlington National Cemetery Jan. 8 to honor the service's highest-decorated combat controller.

Tech. Sgt. John A. Chapman, from the 24th Special Tactics Squadron, was killed March 4, 2002, while fighting

against the Taliban during Operation Anaconda in Afghanistan. He was posthumously decorated with the nation's secondhighest award for valor, the Air Force Cross.

The memorial, a glassenclosed life-size model of a combat controller in full combat gear, features Sergeant Chapman's award citation and photos of him on duty in Afghanistan. It will remain on display in the cemetery's visitor center until March 15, after which it will move to Air Force Special Operations Command headquarters at Hurlburt Field, Fla., for two weeks. The display will then travel to the Air Force Enlisted Heritage Museum at the Gunter Annex of Maxwell Air Force Base, Ala., where it will be permanently displayed beginning March 31.

A duplicate memorial will be on permanent display at Lackland AFB, Texas.

"This display exemplifies all we value in the Air Force," Air Force Secretary Dr. James G. Roche told Sergeant Chapman's relatives and representatives of the combat control career field. "John's personal bravery in the face of the enemy was emblematic of the warrior ethos."

According to his award citation, Sergeant Chapman was attached to a Navy SEAL team when their helicopter was

•SEE HERO PAGE 5

Checkertail Salute



Airman 1st Class Pena is awarded the Checkertail Salute Warrior of the Week award by Col. Doug Cochran, 325th Fighter Wing vice commander.

The Checkertail Clan salutes Airman 1st Class Pena, who has been stationed at Tyndall Air Force Base and working in the 2nd Fighter Squadron Life Support section since January 2003. Airman Pena was Airman of the Quarter for the second quarter of 2003, selected to attend Night Vision Goggle Training and was selected to participate in a deployment to Weapons System Evaluation Program. He ensured proper usage of life sustaining equipment to more than 25 Air Force Reserve Officers Training Course cadets and has volunteered many hours and participated in a recent Non-commissioned officers association class airmen's panel. He also assisted members of the Discovery Channel with their life support equipment on a recent visit.

Airman 1st Class Christopher Pena

Duty title: Aircrew life support

apprentice

Unit: 2nd Fighter Squadron

Time on station: 1 year

Time in service: 2 years Hometown: Concorde, N.C.

Hobbies: Watching NASCAR,

computers and playing sports

Career Goals: Getting a private

pilot's liscense and earning a

degree in computer science

Favorite movie: Blackhawk

Down

Favorite thing about Tyndall:

Activities at the beach

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.



•Eligible volunteers under the DoD program

include active duty military members and

their dependents, DoD civilians, Reservists

and National Guard and members of the

•The program is managed by the Navy (Na-

val Medical Research Center) under a DoD

Policy. The donor center is one of 94 donor

centers that recruit donors who become

registered as volunteers with the National

For more information, call

1-800-MARROW-3

1-800-627-7693

Captain donates marrow to save life

Donating

life

Marrow Donor Program.

Coast Guard.

STAFF SGT. MELANIE STREETER

Air Force Print News

WASHINGTON — When Capt. Brent Davis agreed to help drum up support for a bone marrow donor drive, he had no idea that 18 months and 1.5 liters of bone marrow later his actions may have saved a young man's life.

The journey began when a fellow officer contacted Captain Davis, 910th Airlift Wing public affairs chief at Youngstown Air Reserve Station, Ohio, while trying to raise enough interest to sponsor a visit by representatives from the C. W. Bill Young Department of Defense Marrow Donor Program.

"As I heard about the program it sounded great to be able to save somebody's life," Captain Davis said. "I understood how significant that was, but it sounded really painful.

"In the back of my mind I was thinking, 'You know, I probably won't be doing this,"" he said. "I can contribute in my own way by putting it in the magazine and trying to make things happen."

Captain Davis ran an intensive campaign to get the Youngstown ARS populace interested in marrow donation. That campaign was successful, and when the recruitment team visited the base, he registered with the Department of Defense and National Marrow Donor Program Registry.

Months slipped by, the seasons changed, and life went on as usual, until one day in September when a phone call informed the captain he was a possible match.

"It was the last thing I ever expected," Captain Davis said. "I thought, 'Well, I won't be a perfect match, so I'll just go along with it

and see where it goes."

Jemila Early, senior donor service coordinator with the C.W. Bill Young donor center, guided Captain Davis from the initial phone

call through months of preparation and finally to the donation center.

"I inform potential donors of their status, then hold an information session to let them know what they can expect," Ms. Early said. "I also coordinate all the activities involved, including travel, medical appointments and evaluating lab tests to send on to Georgetown University."

Another important role Ms. Early plays is

making sure to be the donation center

"It's certainly rev tary members," M nors are so selfless time under whatev

The donor center

established by the DOD, and supports activeduty service-members and their families, DOD civilians, reservists, guardsmen and Coast Guardsmen who are eli-

W. Bill Young

gible to donate.

"They said, if

I got a call back, it meant there was a 10-percent would be a perfect match," Captain Davis said. "I played along and kept cooperating, but still thought it wouldn't go much further."

Butitdid. Captain Davis was the perfect donor for a 17-year-old boy with non-Hodgkin's lym-

In fact, Captain Davis was so eager to help the young man he forged ahead without really going over his plans with his wife, Sonya.

"I get a little wound up about things sometimes," Captain Davis said. "I tend to not really do things properly, so without tactfully running it by her, I decided this was what I was going to do. I didn't really take her feelings into consideration.

"I just didn't think of the risk," he said. "I chance that I had to make that right with her."

> This time, Mrs. Davis let the oversight slide. "It's a great thing to help somebody out," she said. "Especially in this capacity, giving up something of yourself. I know it will work

> Captain Davis said his wife was very supportive when he finally told her about his decision.

> "She's got tremendous faith," he said. "She just figures this has to be from God, because what is the likelihood of this, to be a perfect match?"

Even with the deck stacked in favor of both the donor and recipient, there were a lot of bridges to cross before the trip to phoma, atype of Georgetown. Captain Davis suffered

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E 5

http://www.dodmarrow.com/home.htm		fects the body's lymphatic sys-	through weeks of paperwork and ot hassles. "I was being inconvenienced a lot," said. "I guess when you get so wrapped in the bureaucracy of (the process), it fit trates you, makes you not even want to it. And it takes you away from the reality what's going on with this kid. "It's very easy to look just at your side. SEE MARROW PAG
est meet the needs of both er and the donor. warding to work with mili- ls. Early said. "A lot of do- s, giving so much of their ver circumstances."	tem. "When they told me that the recipient is a 17-year-old boy, that hit home," Captain Davis said. "Being a parent myself, there was no way I could not do it. The thought that I could help save his life and give him a full life I thought wow, that's worth temporary pain to		
			Tot survivors
	ver circumstances." r in Kensington, Md., was	ver circumstances." thought wow, that's worth	ver circumstances." thought wow, that's worth temporary pain to help him out."

• From DEPLOY Page 1

March." The Air Force battle rhythm refers to the scheduled rotation of the 10 AEFs over the course of a 15-month cycle. The AEF schedule is projected out until 2010 and is designed to provide stability and predictability to airmen supporting Air Force commitments worldwide.

While there may be a predicted return to the AEF battle rhythm, Colonel Jones said things may never be the same as they were before operations Iraqi Freedom and Enduring Freedom.

"Since the AEF was first established, world events have not stayed static," Colonel Jones said. "I'm not sure anybody envisions us returning to an old steady-state Operation Northern Watch/Operation Southern Watch type of situation around the world. The requirements are going to be fluid and dynamic."

Fortunately, the Air Force has tools for handling unpredictable requirements — the AEF, Colonel Jones said.

"Over the next few months, the Air Force will deliver on its promise to help meet the joint-sourcing requirements for operations in Southwest Asia," Colonel Jones said. "It is the AEF, doing what it is designed to do, that makes that possible. Once again, the AEF is demonstrating its inherent ability to flex and to adapt."

• From HEROES Page 3



Air Force Secretary Dr. James G. Roche unveiled a memorial at Arlington National Cemetery on Jan.8 to honor Tech. Sgt. John Chapman who was killed March 4, 2002, while fighting against the Taliban during Operation Anaconda in Afghanistan. He was decorated with the nation's second-highest award for valor, the Air Force Cross.

Master Sgt. Jim Varhegy

hit by enemy machinegun fire. A rocket-propelled grenade then hit the helicopter, causing a SEAL team member to fall from the aircraft into enemy-held territory.

Sergeant Chapman called in an AC-130 gunship to protect the stranded team after the helicopter made an emergency landing more than four miles from the fallen SEAL.

After calling in another helicopter to evacuate his stranded team, Sergeant Chapman volunteered to rescue his missing team member from the enemy stronghold. He engaged and killed two of the enemy before advancing and engaging a second enemy position — a dug-in machinegun nest.

From close range, the citation reads, Sergeant Chapman exchanged fire with the enemy from minimum personal cover until he succumbed to multiple wounds. His engagement and destruction of the first enemy position, and advancement on the second enemy position, enabled his team to move to cover and break enemy contact.

The Navy SEAL leader praised Sergeant Chapman unequivocally with saving the lives of the entire team.

"It takes a particular breed of warrior to accomplish these missions," said Senior Master Sgt. James Lyons, commandant of the Air Force Combat Control School. "(It takes) an exceptional brand of courage, as well as confidence and patriotism, not mention just a little bit of daring."

The memorial's unveiling comes nearly a year to the day after Secretary Roche and Air Force Chief of Staff Gen. John P. Jumper presented the Air Force Cross to Sergeant Chapman's widow, Valerie.

"John died fighting terrorism, and we continue to live free today because of his sacrifice and the sacrifices of others," the secretary said.

Sergeant Chapman's aunt and uncle, Sallie and Dale Chapman, helped Secretary Roche unveil the memorial, pulling off the olive drab parachute that had covered it.

"It's wonderful; what a tribute," Sallie Chapman said, her voice breaking with emotion. "My favorite part is the photo of him holding the (Afghan) child. I think they captured, in just this small display, every part of him."

From MARROW Page 4 it," Captain Davis said.

"You're not even thinking of what's going on with this other person, the other side of things."

But as the date of the procedure neared, the big picture came into focus.

"All of a sudden, it came into perspective," Captain Davis said. "I couldn't help but sit and wonder what this kid was doing the week approaching, or how his family was doing. Were they crying? Were they confident? What's going on with them?

"So it's like this shift. You go from all this annoying frustration of inconvenience to thinking, as you get closer, this kid is going to die if I don't do something," Captain Davis said.

Captain Davis' determina-

harvest bone marrow from Captain Davis' pelvic bone. Like the thousands of other collections she has performed in the last 10 years, Doctor Taylor used a special needle and syringe to draw out the marrow.

"I feel very fortunate and blessed to have a small part in helping people on both sides of (the process)," Dr. Taylor said. "Every day something really nice comes about because of meeting all these people and treating people who have undergone transplantation. It's a very, very special bond."

Later in the day, Captain Davis emerged from the procedure, spent some time in the hospital's recovery room while his anesthesia wore off and rested overnight in the hospital to make sure he

If Captain Davis were to back out at the last minute, the 17-year-old on the other end of the process would have no bone marrow at all — no way to manufacture those essential, life-sustaining cells.

tion to follow through and finish the donor process was pivotal. In the weeks leading up to the procedure, the marrow recipient undergoes intense chemotherapy or radiation treatments to stop the progress of cancer. Those treatments destroy bone marrow, which produces red blood cells.

If Captain Davis were to back out at the last minute, the 17-year-old on the other end of the process would have no bone marrow at all — no way to manufacture those essential, life-sustaining cells.

Captain Davis entered Georgetown University Hospital early Dec. 8 to take the final step.

Dr. Tamarro Taylor, an assistant professor of medicine at Georgetown University, performed the procedure to

would not suffer from complications.

Discharged from the hospital, and resting in his hotel room the next day, Captain Davis said he felt fairly well.

"Everything I've done up to this point ... that's just my story," he said. "You've got this other, unknown story, this young man and what's going on with him. I wish I could know right now. I wish I could get on the phone and talk with his mom."

Captain Davis is back to work now, having come so far since the day he agreed to help raise support for a program he knew little about. Not a day goes by without him thinking about the young man who needed an Air Force captain's bone marrow to fight for a long and full life.

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Team Tyndall's environmental program best in AF



Local High school students help natural resources build boardwalks to protect the sea oats.

JIM WESLOWSKI

325th Fighter Wing public affairs

Protecting Tyndall Air Force Base's natural resources and improving the base environment recently earned Team Tyndall the Air Force General Thomas D. White Environmental Quality Award.

The Secretary of Defense honors installations, teams and individuals for outstanding work in the Department of Defense environmental programs within six categories: natural resources conservation; cultural resources management; environmental quality; pollution prevention; environmental excellence in weapons system acquisition and environmental restoration. This award is based on achievements made during the preceding two fis-

cal years, inclusive of the award fiscal year.

"Total base involvement is what jettisoned Tyndall to Best in the Air Force," said Ann Garner, 325th CES Environmental Flight Chief.

Each month, the base launches 1,800 wing, tenant and transient sorties on three active runways, maintains 1,800 facilities and dispenses an average of 3.5 million gallons of fuel. All this, on a base with 42 rare plant and animal species, 11 historic cemeteries, 22 significant cultural resources, on a military peninsula with 40 percent wetlands, and surrounded by 110 miles of unspoiled bay and highly sensitive coastal shores."

Consequently, it is noteworthy Tyndall can even turn a shovel or

launch a jet without detriment to the environment or threat of an enforcement action."

However, Tyndall's robust Unit Environmental Coordinator program, comprised of the 325th Fighter Wing organizations and tenants alike, propagates an environmental consciousness and stewardship, while maintaining the essential warrior focus."

Team Tyndall was recognized for its efforts to protect human health and environment by achieving full and sustained compliance with all applicable environmental requirements. The competition includes pollution prevention efforts that achieve compliance in the areas of environmental planning, waste management, pollution control and implementation of environmental management systems.

"Receipt of this award is a re-

mander. "Additionally, the emphasis on environmental quality from our senior leaders and unit environmental coordinators, leads to the strength of our overall program and creates the necessary balance between mission requirements and environmental stewardship."

A ceremony to honor winners will be held at the Pentagon on May 5. Team Tyndall's package now moves up to compete with the respective winners from the sister services for the Department of Defense title.

The 325th CES Environmental Flight is being recognized for its management of several projects spanning from fiscal year 2001-2003, including working with Bay County officials to re-open the East Pass of St. Andrews Bay; competing for and earning \$400,000 in grants from the Florida

The environmental flight also excelled in preventing pollution, minimizing hazardous waste and encouraging recycling. Better inventory management and customer education with hazardous waste netted more than a 6.6-ton reduction in the first year. By providing a convenient means for the Tyndall team to recycle and encouraging active participation, the program generated \$8,300 for 325th Services Squadron morale and quality of life initiatives.

Other recognized projects include: using in-house experts to author an Integrated Natural Resource Management Plan; developing a Geographic Information System program using accepted state guidelines that provides real-time access to physical, biological, geological and structural data to support the INRMP objectives; designed bird and deer mapping protocols to provide critical data that helps prevent aircraft mishaps; and obtained a contract for major spill cleanups, eliminating the need to buy and maintain specialized equipment.

"We accomplished three in-house environmental assessments, saving approximately \$80,000 in contractor costs," said Mrs. Garner. "We also have 15 required environmental plans, all rated 'Best in Command' during the recent headquarters assessment.

However, the most notable achievement is in the environmental arena — No notices of violation have been issued to the base in the last decade."

"Receipt of this award is a reflection of not only the great teamwork within the Tyndall community, but the exceptional leadership of the professionals within the 325th Civil Engineer Squadron Environmental Flight."

LT. COL. KENNY WELDON
325th Civil Engineer Squadron commander

flection of not only the great teamwork within the Tyndall community, but the exceptional leadership of the professionals within the 325th CES Environmental Flight," said Lt. Col. Kenny Weldon, 325th CES com-

Defense Alliance Council; restoring and closing 19 of 37 Installation Restoration Program sites; and returning more than 100 acres of formerly dedicated base housing area to native vegetation.



Think before you drink.

DOD resumes anthrax shot

GERRY J. GILMORE

American Forces Press Service

WASHINGTON (AFPN)
— A federal judge ruled
Jan. 7 that the Defense
Department could again
legally administer anthrax
immunizations to
servicemembers.



Military commanders "should immediately resume the anthrax vaccination program," wrote Dr. David Chu, DOD personnel chief, in a department-wide memorandum.

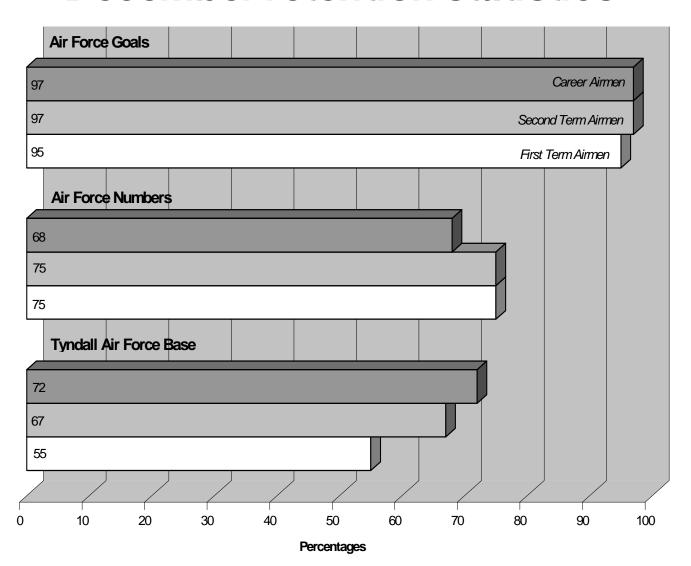
The department's anthrax vaccine immunization program had been suspended since Dec. 23, after an injunction granted the previous day by the U.S. District Court for the District of Columbia caused DOD to suspend the program.

The department "remains convinced that the AVIP complies with all legal requirements, and there is now no judicial restraint" on administration of the vaccine, Dr. Chu wrote.

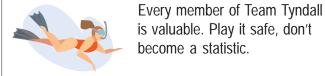
Defense Secretary Donald Rumsfeld and Joint Chiefs of Staff Chairman Air Force Gen. Richard Myers maintain the anthrax vaccine is a safe and necessary prophylactic for U.S. servicemembers deployed in the war against terrorism where enemies may employ biological, chemical or nuclear weapons of mass destruction.

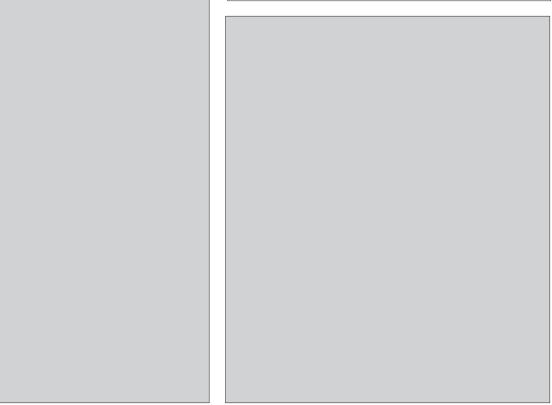
Both Secretary Rumsfeld and General Myers have received anthrax shots.

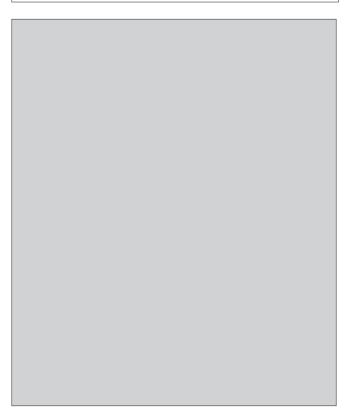
December retention statistics













The Wood Brothers' No. 21 Motorcraft Racing/U.S. Air Force Ford Taurus, driven by co-owner Len Wood, roars toward a pit stall on part of the Tyndall Air Force Base tarmac.

Air Force's NASCAR co thunders into Team Tyn

Special event features pit stop competition, visit by



One of the competing crews performs a tire change on the 700-horsepower NASCAR stock car.

Pit competition winners:

1st Aircraft Maintenance Unit

Jack man:

Tech. Sgt. Harold Coates

Tire changers:

Staff Sgt. Dallas Furr Staff Sgt. Thomas Mraz

Tire handler:

Senior Airman Joseph Taylor Senior Airman Jeffrey Wharton

Gas man:

Staff Sgt. William Falk

Right: Mr. Rudd signs a die-cast collectible souvenir for 5-year-old Matthew Azevedo as other Team Tyndall members await their turn to meet the veteran NASCAR driver.



STORY AND PHOTOS BY 325th Fighter Wing public affairs

Part of the Tyndall stock car racing pit road nant race teams roared

The Wood Brothers' Rudd, brought their No Taurus race car to the predominantly blue pa and aircraft.

The team, which the consecutive NASCAR members to take part if fielding nine separate to front of hundreds of sp

With the Air Educat Conference already or invited to participate, for teams included senior inversity, 19th Air Force of Team Tyndall, it was a octane exhaust and tire tenance Unit clocked consisting of maintainer a 19.7-second pit stop lated fueling the car.

"I wasn't sure what to makes me glad I joined Wharton, a 1st AMU at tire changer for the win converted NASCAR fa added, "I think I'll defin I'll start rooting for not parked nearby.

"Teamwork is the for just as it is for an Air New, 325th Fighter Wi own pit crew's jack ma that belief for me. Eve and retention efforts an

After receiving congr mander, the Wood Bro prize highly valued by venir part from a genui

nnection dall country

NASCAR driver Ricky Rudd

TECH. SGT. DAN NEELY

Air Force Base tarmac literally became a d Monday as one of NASCAR's most dominto "The Home of Air Dominance."

Racing team, including veteran driver Ricky. 21 Motorcraft Racing/U.S. Air Force Ford base. The 700-horsepower car sported a int scheme, complete with Air Force logos

Air Force will partly sponsor for a fourthseason beginning next month, invited base in a pit stop challenge. Tyndall responded, eams competing for fastest pit stop honors in sectators.

ion and Training Command Commanders' agoing at Tyndall, the conferees were also ledding four teams of their own. Those four leaders from Headquarters AETC, Air United 2nd Air Force. For the commanders and unique teambuilding event. When the high-smoke cleared, Tyndall's 1st Aircraft Mainthe fastest pit time. The six-person team, is from various F-15 specialties, finished with in which they changed two tires and simu-

o expect this morning, but after doing it, it the Air Force," said Senior Airman Jeffrey vionics specialist who assumed the role of ning team. Though he admitted he wasn't a an coming into the event, Airman Wharton hitely start watching it more, and I know who w," he said, glancing toward the No. 21 car

Indation of a successful NASCAR pit crew, Force professional," said Brig. Gen. Larry ing commander. The general served as his in. "The experience I had today reinforces ents such as these help Air Force recruiting d build positive understanding."

atulations from Gen. Don Cook, AETC competers' team presented the winners with a fervent NASCAR fans everywhere – a soune race car. The hood came from a car Mr.



From left, Ricky Rudd tells Gen. Don Cook, commander of Air Education and Training Command, far right, about the Tyndall F-15 flight he had just experienced. Shown center is Lt. Col. Bert Dreher, 1st Fighter Squadron operations officer, who took Mr. Rudd on a supersonic flight that afforded the stock car racer an up-close look at Tyndall's air dominance training mission.



Members of the winning 1st Aircraft Maintenance Unit, along with the Wood Brothers' racing team, pose with the unit's trophy hood. The winners' names are posted on Page 8.

Rudd drove at Atlanta Motor Speedway. It was autographed by Mr. Rudd and the race team's owners, Eddie and Len Wood.

During a break in the pit action, Mr. Rudd greeted spectators and signed hundreds of autographs for fans of all ages. Earlier in the day, the Chesapeake, Va., native, who typically races at speeds of 200 mph and faster, took a supersonic ride in a Tyndall F-15 flown by Lt. Col. Burt Dreher, 1st Fighter Squadron operations officer. Despite Mr. Rudd's 29 years of racing, a career that has included walking away from some of the sport's wildest multi-car crashes, he found the fighter cockpit surprisingly brutal.

"I've got a tremendous amount of respect for the guys that fly these things," Mr. Rudd said moments after climbing down from the jet. "It gets so violent. You just can't comprehend how violent it is inside that airplane. As far as being scared, that really didn't bother me. My biggest goal was to try to keep from passing out and trying not to get sick.

"I have a tremendous amount of respect for what the Air Force and all of the Armed Services do for us," Mr. Rudd continued. "I think a lot of the general population probably doesn't have the respect that maybe they should have, with the exception of what we've gone through in Iraq. I think the general public now is probably a lot more aware of what the military does



Taking on the role of jack man for his pit crew, Brig. Gen. Larry New, 325th Fighter Wing commander, sprints to meet the approaching car.

for us

Eddie Wood said Air Force maintainers and his team's mechanics share many critical traits.

"To me, the crews that work on the planes and the guys that work on the cars and build them are a lot alike," he said. "The mechanics have a specialized job that they do, and they do it well. And their teammates depend on them to do it correctly. Everybody knows that the job is done to the best of their ability and that creates a lot of camaraderie."

"Having the Air Force as an associate on our car is really special to me, our family and the whole team," Mr. Wood continued. "We are all very proud of that association."

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Raptor simulator center trains new warfighters

CHRISTINE SULLIVAN
325th Fighter Wing public affairs

There is nothing on a drawing board that can touch the F/A-22 in the most difficult scenarios envisioned in the future, said Gen. John Jumper, Air Force Chief of Staff, to thousands of Team Tyndall airmen during his October 2003 visit here.

General Jumper voiced a concept that was hard to imagine just a decade ago, but one that is now being embraced by new Raptor pilots training in Tyndall's flight simulators today.

Team Tyndall has now become fully capable of training operational F/A-22 pilots. In late October, a team of Air Force and contract instructors began the process of establishing an all-in-one facility that houses not only the courseware used for teaching academics, but also its instructors and Raptor simulators. Simulator training is also being conducted on egress procedures, weapons and tactics, and the full mission.

Boeing instructors have been teaching the F/A-22 transition course since October for selected pilots. The trainers provide academics, air combat tactics, avionics and combat mission planning lessons as well as emergency procedures to pilots who are transitioning from the F-15 Eagle and F-16 Falcon. Their task is to train new pilots and instructors before the first operational squadrons are fielded next year.

"Our job is to teach the initial cadre of instructors at Tyndall," said Leigh Hinkle, one of nine Boeing instructors, and recently retired as the 43rd Fighter Squadron director of operations. "Boeing will teach the first couple of active-duty classes as well as the Lockheed-Martin instructors themselves who are scheduled to take over full-time training this summer."

The nine-member instructor team at the simulator center has accumulated more than 30,000 hours of fighter jet flying hours with the F-15 and F-16, the F/A-18 Hornet, F-4 Phantom, F-86 Sabre and F-100 Super Sabre in addition to numerous support aircraft. Thousands of hours of training on the ground have also translated into real credibility with Air Force students.

"Right now, we have an instructor team that has a tremendous amount of fighter pilot experience and understanding of the Raptor," said Lt. Col. Jeffrey Harrigian, 43rd Fighter Squadron commander. "Our challenge is to ensure we gather the lessons learned about how the aircraft performs, the skills required to employ the aircraft, along with how we instruct those skills."

"Instructors are vital to our training and it's extremely important they understand not only what we are doing in the air, but how we are doing it," he added. "We will have many tactics talks to ensure we are training the most com-



1: 0

The simulation center at Tyndall AFB will focus more on the F/A-22 training program that incorporates academic, tactical and emergency procedures.

lic and electrical systems.

Then they move onto a hands-on weapons and tactics training course followed by an avionics class.

The last phase of training involves

the senior officer course.

Maj. Thomas Shank and Maj. Max Morosko of the 43rd FS are currently undergoing F/A-22 training.

Langley student pilots are scheduled to arrive at Tyndall between the spring and summer time frame, dependent on the sortie generation schedule.

As an academics instructor, Mr. Hinkle is involved with training the next generation of fighter pilots.

As a chase pilot, he says the F/A-22 is an even more powerful aircraft than the F-15 and they will use that capability, among others, to the advantage of Tyndall and the Air Force.

"We can see a difference in the increased amount of situational awareness pilots have because of the integrated avionics. We get a much more accurate picture now."

"The F/A-22 is an extremely capable airplane and we haven't even scratched the surface of what its capabilities are in the future," he added. "It has huge growth potential."

The F/A-22 is an extremely capable airplane and we haven't even scratched the surface of what its capabilities are in the future. It has huge growth potential."

LEIGH HINKLE
Boeing instructor

petent and capable warriors for the Combat Air Forces." simulators where pilots learn local procedures to maneuver around the Tyndall

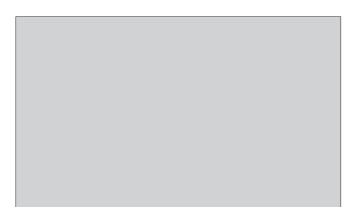
Each student entering the F/A-22 training program will initially sign onto an electronic workbook for advanced self-study courseware on a highly secure computer network system. Subsequent classes teach pilots how the aircraft actually flies to include hydrau-

simulators where pilots learn local procedures to maneuver around the Tyndall area and emergency procedures to react quickly in any situation.

Lt. Col. Michael Stapleton and Maj. Lansing Pilch of the 43rd Fighter Squadron just completed the Raptor training course and Col. Timothy Merrell, 325th Operations Group commander, finished







Front of the line:

Officials give disabled veterans medical priority

ARMY SGT. 1ST CLASS DOUG SAMPLE American Forces Press Service

WASHINGTON (AFPN) — Veterans Affairs officials want to send veterans with service-connected medical problems to the front of the line when it comes to receiving medical treatment at VA facilities.

Anthony Principi, VA secretary, issued a new directive to all VA medical facilities requiring that "priority access" be given to qualifying veterans seeking appointments for treatment.

The directive covers hospitalization and outpatient care, and does not apply to veterans seeking care for medical problems not related to a service-connected disability.

Priority access means that when qualifying veterans come to a VA treatment facility for inpatient or outpatient care, they

ment within 30 days, Mr. Principi said.

"It's really as simple as that," he said.

Veterans seeking treatment need only let the administrative clerk or nurse know of their service-connected disability status, Mr. Principi said.

If a VA facility is unable to schedule an appointment within the 30day time limit, an appointment must be arranged for care at another VA facility or at a facility under contract in the private sector.

"I've always felt that it is important to give veterans with service-connected disabilities a priority for care," Mr. Principi said. "I want to make sure that those who have disability related to military service have a high priority for health care, whether it is inpatient or outpatient, and this new

sure that those who are disabled go to the 'front of the line."

will receive an appoint- priority scheme is to en- suffered long waits for appointments at medical facilities in some parts of the country.

In the past, priority access to health care went only to veterans

Priority access means that when qualifying veterans come to a Veterans Affairs treatment facility for inpatient or outpatient care, they will receive an appointment within 30 days."

ANTHONY PRINCIPI

The new policy will not be without its chal-

More than 25 million veterans are in the VA's health-care system, and the department reports the number of veterans seeking medical care has risen significantly, from 2.9 million in 1995 to nearly 5 million in 2003.

The VA operates more than 1,300 medical facilities, including 162 hospitals and 800 outpatient clinics.

Officials report the increase in veterans seeking care "outstrips VA's capacity to treat them."

Mr. Principi acknowl-

He said the goal for his department will be to reduce those lines and to ensure that veterans are cared for in a timely manner.

50 percent or more.

For severely disabled veterans, priority is extended for nonserviceconnected medical problems, according to VA



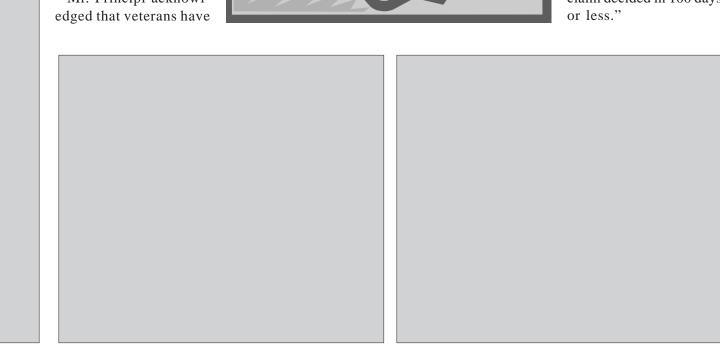
guidelines. However, the new directive now makes priority access available with disabilities rated at to all veterans injured in service to the country, Mr. Principi said.

> The VA was established to care for the men and women who served in the armed forces, and that "we should never lose sight of that," he said.

His department's priority must "always be the men and women disabled in service to their country," Mr. Principi said.

In addition, Principi said his department will work harder to reduce the backlog of disability claims for veterans, and VA is making "tremendous progress" in that effort.

"They've shown renewed commitment, ensuring that if a veteran files a claim for disability compensation, he or she doesn't have to wait six months to a year," Mr. Principi said. "We are going to get that claim decided in 100 days





Tech. Sqt. Dan Neely

Into the danger zone

A base pedestrian makes his way across the cross walk between two 325th Air Control Squadron facilities during the morning rush Thursday. Motorists should be cautious around this area, especially during the early morning, noon and the end of the duty day.

RETIREE NEWS

Dependency and Indemnity Compensation Deadline

Dependency and Indemnity Compensation (DIC) is payable by the Department of Veterans Affairs (VA) to surviving spouses when the military member's death was due to service-connected causes. In certain other cases the spouse might be eligible even if the death was not due to service-connected causes. Surviving spouses who think they may be eligible for restoration of these payments should contact the nearest VA office for help in the application process. The Panama City Florida VA office is located at 647 Jenks Ave., Suite C, Panama City, FL 32401. Call (850) 784-4044 for an appointment.

EVENTS

Black Heritage Committee meets

The Tyndall Black Heritage Committee meets the second Tuesday of every month. This month's meeting is 11 a.m. Tuesday in the community activities center.

New members and new participants are always welcome. For more information, call Master Sgt. Waldena Flu Shots Schmidt, committee president, at 283-6378.

Focus 56 meeting

At 3 p.m. Tuesday at the Non-commissioned officer Academy auditorium, there will be a Focus 56 meeting. Technical Sergeants select and Technical Sergeants welcome.

For more information, contact Tech. Sgt. Phillip Davis at 283-3238 or Staff Sgt. Sean Goward at 283-2750.

Individual income tax guide available

Internal Revenue Service Publication 17, "Your Federal Income Tax," is available for reference and download on the IRS home page at www.irs.gov/pub/irspdf/p17.pdf This guide provides comprehensive treatment of the general rules applicable to the filing of federal individual income tax returns. The publication closely follows the Form 1040, detailing the issues and considerations raised by each section of the form.

SERVICES

PWOC program

The Protestant Women of the Chapel invites everyone to attend a special program designed to help people beat the "winter blahs" and put their New Year's resolutions into action. Guest speaker Mabelle Kindle, a 20-year member of PWOC, leads this program 9 a.m. to noon Saturday at Chapel 2. She will weave a tale of "tabernacles, pomegranates and gifts that always fit." Door prizes and lunch are provided. For more information call Sarah Gary at 785-7394.

The Immunization Clinic is currently offering the Flu vaccine to retirees and dependents that are 4 years and up.

There is a very limited supply for ages 6 to 47 months. It is highly recommended to call the clinic to check for availability for those under 4 years.

If there are questions, please contact Staff Sgt. Elftmann or Staff Sgt. Smith in the Immunization clinic at 283-7570.

Author seeks women's OIF accounts

The Air Force has approved support for the book "Women Write the War" to be written by Bee Pederson. The author's goal is recount and weave together true stories about the Iraqi war from a woman's perspective. Ms. Pederson is looking for responses from women serving on active-duty during the war as well as the mothers, wives, sisters, fiancés and significant others of those who served. Women who wish to share how wartime experiences have affected them may submit an essay of 3,000 words or less of happy, sad, funny or proud anecdotes, poems, short stories or letters. If interested, please call 2nd Lt. Amber Millerchip, Air Education and Training Command Public Affairs, Randolph Air Force Base, Texas, at (210) 652-4400 for more details. Submissions are due Jan. 26.

Career Assistance Advisor

Due to a temporary duty assignment, Senior Master Sgt. Michael Farley will be the acting 325th Fighter Wing Career Assistance Advisor Tuesday through March 5. He can be reached at 283-4681.

EDUCATION

Tyndall Officers' Spouces' Club scholarship.

Feb. 27 is the deadline for applications for the Tyndall Officers' Spouces' Club scholarship. Applications are available at the base education office and at the high school guidance counselors office. For more information, call 286-1212.

Coastal Navigation Course

From 7-9 p.m. Tuesday nights at Gulf Coast Community College, starting on Jan. 27, there will be a Basic Coastal Navigation Course conducted by the Flotilla 16 U.S. Coast guard Auxillary. The classes will be help in the Student Union East building, Gibson Lecture Hall, room 231. For more information, contact John Clark at 271-3828 or visit the Flotilla Web site at: http://clik.to/USCGAUXFlotilla16.

CLASSIFIEDS

2002 PT Cruiser, 5 speed, AM/FM/CD, black, cruise, only 19k miles, excellent condition; \$12,500 retail., asking \$10,000 call 850-785-3449 ask for Philip Kissling

1996 Astro Conversion Van with raised roof. 7 PAX, TV/VCR, power everything, rear bench seat makes bed. Looks & runs great. Excellent family vehicle. Only 64K miles. \$7,200. 850-249-7249.

Coffee table for \$50; Dining room table with three chairs for \$60; Vinyl love seat and lounge chair for \$80; lawnmower for \$40. All prices are negotiable. For more information, call Steve at 286-4288 after 6 p.m.

Compaq Presario computer and desk, \$200; entertainment center with attached bookshelves, \$75; washer and dryer set, \$50; 8' X 10' aluminum shed, \$100; cartop carrier, \$20; mauve recliner, \$20; sofa, \$50; OBO on all. Call 286-8642.

Fit to fight? Lieutenant discovers there's more to fitness than waist size

2ND LT. ALBERT BOSCO

325th Fighter Wing public affairs

I simply hate running – well, at least I thought I did until I actually started doing it. Sometime between college, two years ago, and the new Air Force fitness test, I developed a bad habit. I have never considered myself an avid athlete by any stretch, but I also never thought of myself as being out of shape. How wrong I was with the latter.

I've had a series of rude awakenings since coming on active duty. Being thin, I've always thought that since I ran two miles twice a week in college, the Air Force bike test would be no sweat, thus I did very little to prepare. Meanwhile, many people I knew were exercising daily and watching their weight, as if they were watching the stock market, hoping for a huge return on their investments. While they were struggling to stay in the "health zone," I just laughed. I felt I didn't have to do anything to stay fit. In fact, about the only exercise I got was sitting on my riding lawn-

mower with a beverage of choice in hand. Additionally, my diet left something to be desired. While my weight-watching counterparts were counting calories, forcing

"How could I be out of shape if I was so thin?"

2ND LT. ALBERT BOSCO 325th Fighter Wing public affairs

themselves to suffer through a lunch made of lettuce and not much else, I was eating mega grease-dripping double cheeseburgers and other foods that would cause most people's arteries to close the moment it touched their lips. In fact, I'm still not sure you can classify some of the things I ate as

After failing the bike test four times, I wondered if the system was flawed. How could I be out of shape if I was so thin? Then I heard great news – the bike test At least I wouldn't have to subject myself I used to run two miles in about 14 minutes. to the humiliation of not passing again.

Armed with a newfound sense of comfort that I would only have to run a mere 1.5 miles and do a few sit-ups, I put the thought of any serious exercise routine out of my mind. After all, I can run 1.5 miles without breaking a sweat. Once again, I was fooling myself, and I learned that the hard way when my office decided to hold mandatory fitness sessions each Monday and Friday morning.

At first, I was displeased with the idea that I would have to wake up even earlier and work out according to someone else's keeping was going great. I took off running, thinking how silly this whole exercise thing was, and after running my first 1.5 miles in many months, I checked the time. I couldn't believe it. It took me more than 15 minutes to run 1.5 miles. I began to sus-

was going the way of the dodo for most. pect that perhaps my watch was going bad. I finally began to worry. I knew I had to pass the new fitness test, and I finally decided to get serious about fitness.

I began running every day and hitting the weights on top of it. Within a short two-week period, I was amazed that I could actually feel a difference. I was actually becoming less tired the more I exercised. Additionally, I modified my diet so that I was eating better (note: I said better, not right).

At long last, I was beginning to feel like my plan was working. I felt better, I could breathe better and, best of all, I became addicted to exercise. Now, there has been a schedule. After all, the schedule I had been role reversal of sorts. Before, I used to feel bad if I knew I was going to have to exercise. Now, I feel tired and sluggish if I miss a workout. Fitness has certainly become a part of my new lifestyle, and I'm confident that I will be able to pass the fitness test this month, and I will be a better person for it.

Dorm World: One event to go

STEVE RIDDLE

325th Services marketing publicist

With only one event to go, each Tyndall dorm still has a chance to win the Dorm World Challenge, earning themselves not only bragging rights on base, but a dorm party with food, a DJ and T-shirts.

The final event will be 5 p.m. Jan. 23 at the Community Activities Center. As with past Dorm World events, free pizza and the chance to win door prizes from downtown vendors will be part of the fun.

According to CAC Director Jean Cole, the final event will actually be three different contests, with points awarded for each one. In the case of a tie, the winner will be determined based on their overall finish in this final event.

First up is the water-carry contest. Contestants use a small cup to transfer water

from one bucket to another cally in the running for the one about 50 feet apart. The balance beam contest will see how far two people, tied together at the leg, can make their way across a

Highlights:

- funded by AETC with a DJ, food and T-shirts to be given
- Second place is a dorm

Dorm World information: 283-2945

ance beam. The final contest is a tricycle race on a course laid out at the CAC.

Dorm 1680 has the overall lead with Dorm 1046 close enough to still pose a serious challenge coming into the final event. The other dorms are farther back, still statistichampionship, but well within striking distance of stealing second place and earning themselves the runner-up dorm party.

Ms. Cole said the scores will be tallied and the winner announced at the final event.

"After we find out who wins on the 23rd, we'll get with them to arrange their dorm party," Ms. Cole explained. "We'll get the DJ, we'll get the T-shirts, we'll arrange for the food. We'll coordinate their party for them."

"I'm really impressed with the young people on this base," Cole said. "There are a lot of talented young airmen out there, and it's been fun working with them.

"Also, I want to give many thanks to the first sergeants that have supported this program."

Tigers Lose at Moody, fall into a second place tie

WILLIAM SHARPE

Tyndall Tigers coach

The Tyndall Tigers men's varsity basketball team tasted defeat in both of their contests versus the host Moody Falcons 79-72 and 76-67, respectively, Saturday and Sunday and, for the first time all season, fell to a second place tie with the Eglin Eagles in the Southeastern Military Athletic Conference. Tyndall and Eglin are now knotted with 11-7 conference marks behind the new number one – the Hurlburt Field Commandos (13-7).

Moody-79, Tyndall-72

In Saturday's action, the Tigers proved to be their own worst enemies as they committed 29 turnovers and missed 14 free throws, but still managed to hold a five point lead with two minutes remaining to be played. The Falcons then went on an 8-0 run to take a 73-70 lead with 50 seconds left on the clock.

Moody used a stall offense, making it tougher for the Tigers to limit fouls, and sealed the victory by going 6-6 from the charity stripe for the victory.

Elvin Walker led the Tigers in scoring with a game-high 23 points, followed by Israel Figueroa with 17, Scott Moore with 12 and Tarrance Garner with 10. Moore led in rebounding with 11, Figueroa had six steals and Walker had six assists. Carlos Harris led Moody in scoring with 19 points.

Moody-76, Tyndall-67

In Sunday's contest, the Tigers inability to take care of the ball and weak free-throw shooting allowed the Falcons to stay in the game. Moody battled back to narrow Tyndall's lead to two points at the half, 33-31.

In the second half, Moody went on a run to take a 14-point lead with 10 minutes remaining. The Tigers regrouped to slice the Falcons lead to two points, 66-64 at the final two-minute mark. Moody again pulled out their stall offense and again sealed the victory from the free throw line.

Walker again paced the Tigers with 26 points, followed by Figueroa and Tommy Nixon with 10 each.

The Tigers travel to Eglin AFB today to compete in the 2004 SEMAC/Eglin Martin Luther King Jr. Basketball Tournament.

The Tigers hope to defend their title against a 14-team field. Next weekend, Tyndall hosts the Keeler Dragons. Game times are as follows: 2 p.m. Jan. 24 and 11 a.m. Jan. 25.

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Funshine NEWS



January 16, 2004

All Ranks Lunch

Officers' Club

Mon.-Thurs.: \$6.95 ■ Friday: \$7.95 11 a.m.-1 p.m.

Unlimited access to the daily buffet, salad bar, fountain soda, tea & coffee!

Includes Fresh, Hot, Carved Meat Sandwiches on Kaiser Roll

Monday	Chef's Choice
Tuesday	Italian
Wednesday	Oriental
Thursday	All American
Friday	Seafood card to receive a \$1 discount!
*Members, show your club	card to receive a \$1 discount!

On Base Food Delivery

- **Lunch Menu:** Mon.-Fri. 11 a.m.-1 p.m. Limited to office deliveries (i.e. squadron addresses)
- Evening Menu: Fri. & Sat. 5:30-9 p.m.

Subs & Pizzas 286-2900

Crazy Cash Give-away at the O' Club Every Friday during Social Hour.

Jackpot starts at \$100. The first member name drawn is for the jackpot. If there is no winner \$25 will be added to next week's jackpot (max. \$500).

Once the name is drawn the winner has 5 minutes to claim their prize. If the winner fails to claim their prize a second drawing will be held from bar receipts for \$25.

283-4357 for details

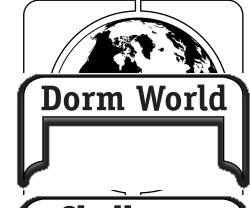
All Ranks **Super Sunday Brunch! at the Officers' Club Jan. 25, 10 a.m.-1 p.m.**

\$8.95* Champagne Available - add \$3
*Members, show your club card to receive a \$1 discount!

Menu Includes:

Biscuits & Gravy Carving Station Omelets (made to order) Belgian Waffles Bacon Hash Browns Fresh Fruit Muffins Danish

283-4357



Challenge

Final Event
January 23, at 5 p.m.
Community Activity Center
Dorm 1680 is in the lead!

283-2495

Golf Course Pro Shop

Can't decide what to get that special golfer? Remember the golf course proshop offers gift certificates.





All Ranks **Barber Shop**Hours:

Mon. - Fri.: 8 a.m.-4 p.m. Wed.: 10 a.m.-4 p.m.

- Men's Haircut: \$6.50*
- Ladies' Haircut: \$7.50*

Hot Lather Neck Shave • Free with haircut!

*Members receive \$1.00 discount.

Pigskin Picks

We have a tie between Robert Fisher and Foley Riley. They will be competing with the Super Bowl.

Enjoy...

Cosmic Bowling

Every Friday: 9:30 p.m.-1 a.m. Every Saturday: 10:30 p.m.-1 a.m.

283-2380

Youth Center

© 283-4366

2004 Baseball/Softball Registration

Open to all youth ages 5-14 yrs. runs until Feb. 14. Birth certificate will be needed at the time of registration.

Special Free Baseball Clinic

Open to all youth ages 10 years old and older. Saturday Jan. 24 from 1-3 p.m. on the Youth Center ball fields. Baseball coach Darren Mazeroski and his staff from GCCC will give a one-day baseball clinic.

Upcoming Teen Programs

Jan: 16 Enjoy a night of movies at the Carmike Cinema, 6-10p.m. \$5.00 for members, \$6.00 for nonmembers.

Jan. 17: Keystone Club Bake Sale at the Youth Center, begins at 7:30 a.m.

Jan: 23 Join us for a afternoon of shopping in Destin, FL from 5-11p.m. \$1.00 for members, \$2.00 for nonmembers.

Jan. 24: Keystone Club will be meeting from 6 - 7 p.m. at the Youth Center

Jan. 27: YES Club will meet from 7-8 p.m.

Family Child Care

© 283-2266

License Requirement

The Air Force requires persons who care for children to be licensed to provide care. Call for details.

PCS Child Care

AF Aid for PCS is available in Family Child Care Homes. This program provides twenty hours of free child care within the first/last sixty days of PCS.

Red Cross Babysitting Course

A babysitting course for youth ages 11 to 18 will be held on the Saturdays, February 7 and 14 from 9 a.m.-4 p.m. Youth will also receive infant and child CPR training. Cost is \$40 per person. Sign up at the Youth Center.

Wanted: FCC providers to provide care for children under the age of two. call about our Jan. class.

FCC Providers: An updated list of proveders is avalible, call 283-2266 or email (325svyd@tyndall.af.mil) The FCC Office is open Mon - Fri from 12:30 - 1:30 p.m. or by appointment.

Start Flying Now!

For many, flying is just a dream fulfilled by a piece of folded paper. With the help of your Aero Club's Flight Training Center (FTC), you can move beyond paper dreams. You may even qualify to use VA education benefits to minimize the cost for advanced ratings. If you are active duty or retired military, a DoD civilian employee, or a family member of someone who qualifies, then you can join over one million men and women who made their dream of flight a reality.

Introductory Ride \$49 283-4404

February 20 at the O' Club: Mardi Gras!

For Officers and Civilian equivalant



Library

© 283-4287

Book Sale

Jan: 29 From 9:00a.m.- 8:00p.m.
Jan: 30 - 31 From 9:00a.m.- 6:00p.m in
Building 916. Prices on the items are
posted in the book sale room. All proceeds
are used to buy new library materials.





Eagle Quick Turn

Discount Rate

2.85 1 40 Standard Rate 3.30 1.70

© 283-4345

Price Changes
Flight Meals
Large Menu Flight

ght 2.89 ght 1.40

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NCO shares OIF war tale

Real scene paints picture for the reason of America's presence in Iraq

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(Editors note: The following is the second in a series of dispatches from a deployed member of the 325th Aircraft Maintenance Squadron supporting Operation Iraqi Freedom.)

Life is hard for the locals we deal with on a daily basis. Most of the people I deal with are Iragis from Nasiriyah. They are good people, though they will fully admit that not all Iraqis are good people.

Most of them are just trying to survive in a country with very little infrastructure.

There are people sneaking under the wire fence of the Italian compound to steal food from the trash bins. It is unthinkable that people would risk death for old discarded food.

its for humanitarian purposes have been forbidden for security reasons, which makes perfect sense.

The feeling is that bad people will that the Americans were his last

We have been told that off-base vis- the local hospital didn't have medicine or even bandages to treat him prop-

By the time the Iraqi medics decided

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take advantage of our charity to create worse conditions for those already suffering.

A man arrived at the base in an Iraqi ambulance last week. He was injured in a bombing and was dying because

chance, the man was doomed to die from weeks of inadequate care.

When the Iraqi government under Saddam fell, the hospital was looted.

While our hospital treats military patients, the Koreans treat the local population. The Koreans received a phone call from the front gate that this man wasn't able to be helped. When our ambulance arrived, medics replaced the man's IV and provided what supplies were available in the ambulance.

They told the family that taking him back to the hospital would only prolong his suffering. They were furious that we "wouldn't help," but this man was sadly already beyond hope.

Our interpreter Usama, eventually explained to them that there was nothing anyone but God could do.

At this statement the four men in the small ambulance became calm, quietly washed their feet in preparation, and knelt towards Mecca and began to pray for their brother.

This place makes my head spin. Such a mixture of pain and hope.



Winter workouts: **Outdoors vs. indoors**

•As far as avoiding cold and flu germs during the winter months, it's healthier to exercise outside, rather than indoors. There are more coldcausing germs inside homes and health clubs.

•If you do work out in a club, make sure to wipe down any machine thoroughly before you use it and wash your hands for at least 15 seconds after you've finished using the machines.

•When exercising outdoors in the wintertime, remember to wear layers and dress for temperatures about 20 degrees higher than they actually are. The air may feel chilly when you start, but your body will warm up when you get moving. And be sure to wear sunscreen and drink lots of water, no matter what the temperature.

(Source: Hope Heart Institute, Seattle)

